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Boy, 6, suffers severe head injuries in crash

COLLISION A six-year-old boy was rushed to hospital with life-threatening head injuries after a fuel truck collided with a minivan in south Ottawa yesterday morning.

Emergency crews were called to the intersection of Fallowfield and Merivale roads around 10:30 a.m. Paramedics found a minivan carrying four children and two adults that had been struck on the passenger side.

The van was seriously damaged, said paramedic acting superintendent Steve McMahon. The children, ages three through 11, were in car seats, except for the 11-year-old. A six-year-old boy was taken to hospital with life-threatening head injuries.

The three other children and the female adult passenger were taken to hospital with non-life-threatening injuries. The male driver of the van was unhurt. Police are investigating the crash.

TIM WIECLAWSKI/METRO OTTAWA

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SCANLIFE
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Sports pg 12

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Larry's running ...for Reach

MARC DESROSIERS/FOR METRO OTTAWA

As speculation swirls around Larry O'Brien's plans for the upcoming municipal election, the mayor laced up his running shoes yesterday and joined nearly 600 other runners in the 29th annual Run for Reach — a non-profit organization providing service to persons with disabilities. O'Brien has said he won't divulge his intentions until June. For more images from yesterday's race, check out metronews.ca/local.

'More questions than answers' ahead for Afghan police training mission

POLICING The RCMP has started looking at how to continue the police training mission in Afghanistan after the Canadian military pulls out next year, the Mounties' top man said Saturday.

But Commissioner William Elliot noted there are a number of details and variables to be worked out, among them, who would protect and transport the police trainers as they go about their business in the country.

"We're at the beginning of looking at options, but there are a lot more questions than answers at the moment," Elliot told reporters after wrapping up a brief visit to Kandahar.

Defence Minister Peter MacKay dropped a broad hint a few weeks ago that Canada's continued involvement in Afghanistan would likely revolve around police training, but he gave few specifics.

Elliot said the RCMP is prepared to carry on, but will need the participation of municipal forces across the country, in much the same way it has for other international missions.

"Working with all of the police community in Canada, we'll be able to carry out whatever task the government of Canada gives us in Afghanistan," he said.

THE CANADIAN PRESS

Army reliance

- There are 48 Canadian police trainers at the joint Canadian and American reconstruction base in Kandahar. But they rely heavily on the Canadian army for protection and movement.

City's cops in higher demand

Service calls up 5% in 2010

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

It's shaping up to be a very busy year for Ottawa police.

According to its 2010 first-quarter performance report, police responded to 87,711 calls for service during the first three months of this year.

That's a five per cent increase over the same period in 2009, and more than 1,200 more calls than the first quarter of 2007, which was the Ottawa Police Service's busiest year on record.

"We don't know (why) for sure, but it's not a bad thing," said River Ward Councillor and Ottawa Police Service board member Maria McRae.

"When you see a spike in calls for service, that actually means the police mantra of 'make the right call' … is working. We'd rather have more calls, and actually less incidents of people not calling."

Ottawa police have handled an average of 366,000 calls per year over the past five years.

In the first three months of this year, police responded to 800 more Priority 1 calls for service than last year. The number of emergency calls requiring immediate, on-scene police presence rose five per cent to 16,225 citywide.

However, the response times to those calls have dipped to the lowest point in years.

> **"When you see a spike in calls for service, that actually means the police mantra of 'make the right call' … is working."**
> Coun. Maria McRae

Ottawa police have set a target of responding to 90 per cent of Priority 1 calls within 15 minutes. Although it has not achieved that goal since 2007, the first-quarter performance is usually closest.

In 2010, 88.5 per cent of Priority 1 calls were answered within 15 minutes. That's 0.4 per cent lower than 2009, 0.2 per cent lower than 2008 and 1.5 per cent lower than 2007.

In the report, police Chief Vern White wrote that the organization's inability to reach a 90 per cent response target may indicate "that the police service has reached an operational maximum under the current schedule, call response protocol, staffing levels, and call volumes."

McRae said she expects the new south end police centre on Prince of Wales Drive, included in the 2010 budget, will improve response times.

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SCANLIFE

Local

Ottawa première of Gunless tomorrow

Gunless, the new comedy western starring Paul Gross and directed by William Phillips, will have its Ottawa première at the Canadian Museum of Civilization tomorrow. The film, which received financial support from Telefilm Canada, is about a notorious American gunslinger, The Montana Kid, and his misadventures in the tiny Canadian hamlet of Barclay's Brush. Gunless opens in theatres on April 30. METRO OTTAWA

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News in brief

ELECTION Mayoral candidate Jim Watson will release the first part of his economic development platform during an address to the Ottawa Rotary Club today. There are nine candidates running for mayor. Two more women have registered to run in ward races. Isabel Metcalfe is running in Capital Ward and Lynn Hamilton is running in College Ward.

FIRE Two people are homeless after a fire in a two-storey building at 183 York St. yesterday. The fire is estimated to have caused around $200,000 in damage. No one was injured. METRO OTTAWA

metronews.ca
What's online today.

Immigration Guidy Mamann on how proposed reforms to help live-in nannies may end up hurting them at **metronews.ca/immigration**

Lotteries

Friday, Apr. 23
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These results are not official.

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Walkers foot it for MS drive

$350K goal set as more than 1,500 take part in annual walk

STEVE COLLINS
for Metro Ottawa

More than 1,500 walkers put their best foot forward yesterday for the annual MS Walk at Tunney's Pasture.

The walk began with the release of 500 red balloons into the air, each representing a $20 donation to the Multiple Sclerosis Society of Canada, which funds research and services for those with MS.

Last year, Ottawa walkers raised $323,000 in sponsorships, and this year's goal is $350,000.

Adam Goldberg, a pharmacy technician at Shoppers Drug Mart and the walk's top fundraiser, single-handedly raised $10,000 this year. Diagnosed with MS in 2004, he has been walking every year since 2006. He began fundraising for this year's walk in November.

"I figured I can do this and I know people with MS who cannot," he said, "So I thought why not use my abilities to raise money?"

Other stars of the MS walk are some 200 volunteers who keep the day's events running smoothly and cheer on the walkers from the sidelines.

"I would say they are one of the most important volunteer groups," said volunteer co-ordinator Nadine Lee, "Because they really encourage all of our walkers when they're coming back, just giving them that extra push and motivation to finish the walk. Two point five kilometres might not sound like a long distance, but for some people living with MS it's quite a trek."

Also doing her part was high school student Ophira Calof, who's organized A Night for Music, a benefit concert at Carleton University's Kailash Mital Theatre, for May 26, World MS Day.

STEVE COLLINS/FOR METRO OTTAWA

Sean Toomey adds some feathered flair to the MS Walk at Tunney's Pasture. More than 1,500 walkers took part yesterday in the 19th annual walk to benefit the MS Society of Canada.

Community centre opens after $700K expansion

CARLETON HEIGHTS River Ward Councillor Maria McRae, city staff and community residents celebrated the grand reopening of an expanded and renovated Carleton Heights Community Centre yesterday.

The $700,000 expansion adds about 1,500 square feet to the centre in the form of an additional multipurpose room, and includes new flooring, refurbished community rooms and a resurfaced parking lot.

The building has also undergone numerous improvements to increase accessibility, including adjustments to washrooms, doors and hallways to make them more wheelchair- and walker-friendly, and Braille on centre signs for the visually impaired.

McRae said she was particularly proud of the project because it was the first such expansion to be accomplished via a partnership between the city and the Carleton Heights Area Residents' Association.

The volunteer community organization contributed $350,000 to the project from the proceeds of centre recreation programs and other events. The city footed the other half of the bill through its Major Capital Community Partnership Project.

"This collaborative effort was indeed a true partnership, and I want to acknowledge the dedication of city staff for ensuring that this important community project took place, said Charles Yellen, chair of the residents' association.

STEVE COLLINS/FOR METRO OTTAWA

Market street changes set for trial run

BYWARD Traffic will be flowing a little differently around the ByWard Market this summer.

As of this morning, William Street will become a dead end where it meets York Street. Next week the flow of traffic on the one-way street will be reversed, so vehicles leaving a city owned parking garage near that intersection will exit onto Clarence Street.

The changes will be in effect as a trial at least until September when the city council could vote to permanently change the street.

The intersection of William and York streets is expected to become a public gathering place that will encourage more pedestrians and bicycles in the ByWard Market.

Another goal of the proposed $275,000 project is to decrease the negative health impacts of air pollution from vehicles on market vendors, residents, and visitors.

The trial run is intended to determine the impact the street changes could have on other intersections, particularly at Clarence and Dalhousie streets. A right turning lane could be added to that intersection if it's required.

TIM WIECLAWSKI/METRO OTTAWA

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• The changes stem from a 2008 report from the city's Environmental Advisory Committee.

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4

ATVs may have sparked fire: Mayor

People riding all-terrain vehicles may have accidentally sparked a wildfire, near Whitecourt, Alta., that threatened homes in the area, the mayor said Saturday. THE CANADIAN PRESS

Canada

Commons committee awaits Jaffer associate

A giant dryer that zaps the moisture out of kitchen scraps — and even human waste — and transforms it into odourless fuel seemed like just the type of renewal energy project that Rahim Jaffer and his partner were looking to work with.

But how they handled their interest in the BioDryer technology, and other green projects they were dabbling with, is at the crux of the controversy surrounding their company.

A would-be business associate of Jaffer's, Nazim Gillani, will weigh in on Wednesday about what he knows about Jaffer's business and alleged lobbying.

Nazim is expected to tell a House of Commons committee that he believed the former MP Jaffer was selling lobbying-type services through his firm, Green Power Generation, and the two were talking about getting their hands into the BioDryer.

THE CANADIAN PRESS

Lobbying Act not clearcut

- Two separate areas of the Lobbying Act are germane to the case. In one section, the Act says that if you communicate with public office holders about the "awarding of any grant, contribution, or other financial benefit" by the federal government, you're lobbying. But in another area, the Act also says you're not lobbying if you're making general inquiries about the terms of conditions of programs.

"Author says Quebec is uncomfortable for Muslims."

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G8 protesters hit Halifax streets

PROTEST Close to 300 protesters marched through downtown Halifax yesterday, peacefully demonstrating against this week's meeting of G8 development ministers.

The G8 Welcoming Committee, organized by a coalition of social, environmental, and student groups, demonstrated outside the Westin Hotel, where ministers from some of the most prosperous nations in the world will stay while discussing maternal health and development over the next three days.

"We are here both to provide a critique of their agenda as far as development is concerned, but also the institution that is the G8 and their social and economic policy," said Kyle Buott of the Halifax-Dartmouth District Labour Council. "Their policies around bank deregulation, unfair trade, around privatization, and around outsourcing are wrecking the lives of millions of workers and people across the world."

The peaceful protest was punctuated by a few tense moments. Halifax Regional Police — some on horseback or motorcycles — kept a heavy presence and a close eye on the protesters as they made their way from Victoria Park to Cornwallis Park.

ALEX BOUTILIER/ FOR METRO CANADA

ANDREW VAUGHAN/THE CANADIAN PRESS

Social-justice and environmental groups march through Halifax yesterday, voicing their opposition to this week's meeting of G8 development ministers. The three-day meeting begins today.

News in brief

ELECTIONS The Harper Conservative government wants to give Canadians more time to vote in federal elections. Steven Fletcher, minister of state for democratic reform, is expected to re-introduce legislation today to increase the number of advance polls and to expand voting hours. The Expanded Voting Opportunities Act would amend Canada's election laws by adding two more advance-polling days during elections. Those extra days would fall on the two Sundays before an election. The bill would also open all 65,000 regular polling stations on the Sunday before election day.

THE CANADIAN PRESS

Investigator probing fatal N.B. crash

A federal investigator has begun probing the Friday crash of a water bomber in New Brunswick that killed its 62-year-old pilot. THE CANADIAN PRESS

Charest's government keeps busy amid rumours

Quebec Premier Jean Charest took the unusual step of holding a cabinet meeting yesterday in an effort to refocus a government embroiled in a series of controversies over influence-peddling.

JACQUES BOISSINOT/THE CANADIAN PRESS

Premier Jean Charest leaves a news conference yesterday following a special cabinet meeting at the legislature in Quebec City.

The meeting took place amid rumours of an impending cabinet shuffle but was explicitly held to map out how the government would achieve spending cuts promised in last month's budget.

The financial plan calls for the government to balance its budget by 2014, which would entail $5.2 billion worth of spending cuts.

Finance Minister Raymond Bachand has promised the government will shoulder more than 60 per cent of the burden through cutbacks, while also raising revenues through a series of tax and fee hikes, including a $200 annual health deductible.

Bachand said if Quebecers were skeptical about the government's ability to reduce spending it was because the budget didn't contain drastic measures.

"They'll probably believe it when they see the numbers in six or 12 months," he said before going into the meeting.

But Bachand claimed 18 ministries had reduced spending growth to zero this year.

"That's major," he said. "Unfortunately, it's not spectacular."

Charest's government has been distracted from selling the merits of its budget as it tries to quell a number of simmering scandals.

Principal among these are the allegations by former justice minister Marc Bellemare that Liberal fundraisers had a say in nominating provincial judges.

That prompted Charest to call a public inquiry into the matter.

The premier also faces almost daily questioning about his party's ties to the construction industry and the government's allocation of subsidized daycare spots, which the opposition claims tends to favour Liberal donors. THE CANADIAN PRESS

Cheeky Vancouver women prepare to bare

DEMONSTRATION Up to 100 women are expected to show off their cleavage outside the Vancouver Art Gallery today for Boobquake, a cheeky international event celebrating our right to immodesty.

Boobquake was launched last week by an Indiana student, Jennifer McCreight, 22, in response to an Iranian cleric who allegedly claimed earthquakes are caused by women who dress suggestively.

"Many women who do not dress modestly ... lead young men astray, corrupt their chastity and spread adultery in society, which increases earthquakes," Hojatoleslam Kazem Sedighi told Iranian media April 16.

He is Tehran's acting Friday prayer leader.

Strong support

- The official Boobquake Facebook page had roughly 33,700 fans as of yesterday afternoon.

Since then, tens of thousands of people have joined the rebuttal campaign to show some skin today, including Angela Squires, organizer of Boobquake Vancouver.

Boobquake organizer Angela Squires is conducting a scientific experiment, inviting women to the art gallery to show off some skin in an attempt to provoke seismic activity.

Seismometers will be there to record shakes.

METRO NEWS SERVICES

Toronto Sikhs ring in New Year

PARADE Thousands of people gathered near the CNE grounds yesterday to celebrate the Sikh New Year with the city's 25th annual Khalsa Day parade.

The festivities kicked off with traditional music, hymns, prayers and food before the parade started on its route toward Queen's Park at 1:30 p.m.

The event, which has grown from 2,000 people since it's inauguration in 1986 to become Toronto's third-largest parade, features floats, martial arts performers and colourful costumes.

TORSTAR NEWS SERVICE

Avatar director invited to take closer look at oilsands

ENVIRONMENT Avatar director James Cameron's recent criticism of Alberta's oilsands has generated an invitation to see the situation first-hand.

George Poitras, an Alberta First Nations leader, environmental advocate and longtime opponent of the oilsands, said he had a personal meeting with Cameron in the director's hotel room in New York City on Saturday.

Both men attended the United Nations Permanent Forum on Indigenous Issues, where a special screening of Cameron's environmental-themed blockbuster was arranged. The Ontario-born Cameron also took part in a panel discussion on indigenous issues.

Poitras, the former chief of the Mikisew Cree who live near Fort Chipewyan north of Edmonton, said he invited Cameron to visit Alberta to see what he calls the environmental "devastation" of the oilsands.

The famous director has said while he doesn't know much about the oilsands, he knows they're a "black eye" on Canada's image as an environmental leader.

THE CANADIAN PRESS

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Fire causes havoc in Manila

A huge fire sweeping through a shantytown outside the Philippine capital has destroyed about 300 houses and left about 7,000 people homeless. THE ASSOCIATED PRESS

World

Bull gets revenge on matador

One of Spain's most popular matadors was seriously injured in Mexico when a 500-kilogram bull gored him in the groin and hoisted him into the air, causing major blood loss, his manager said yesterday. The bull's horn penetrated 10 centimetres into the groin of Jose Tomas, left, and punctured a vein and an artery.

THE ASSOCIATED PRESS

New Hampshire **Sorry, no riding this horse**

JIM COLE/THE ASSOCIATED PRESS

Einstein, a pinto stallion, was born Friday in Barnstead, N.H. The horse weighed six pounds and measured 14 inches at birth — those proportions fit a human baby just about right, but are downright tiny for a horse, even a miniature breed.

Girls poisoned?

Dozens of Afghan schoolgirls have fallen ill in recent days after reporting a strange odour in their classrooms in northern Afghanistan, prompting an investigation into whether they were targeted by militants who oppose education for girls or victims of mass hysteria.

Either way, the reports from three schools within three kilometres of one another in Kunduz province have raised alarm in a city threatened by the Taliban and their militant allies.

The latest cases occurred yesterday, when 13 girls became sick, Kunduz provincial spokesman Mahbobullah Sayedi said. Another 47 complained of dizziness and nausea the day before, and 23 fell ill last Wednesday. All complained of a strange smell in class before they fell ill.

> **"Suddenly, I felt that I was losing my balance and falling."**
> Anesa, 9

"I came out from the main hall, and I saw lots of other girls scattered everywhere," Anesa, a nine-year-old who was hospitalized briefly yesterday, told The Associated Press. "Then suddenly, I felt that I was losing my balance and falling."

None of the illnesses was serious and the girls were only hospitalized for a short time. The Health Ministry said blood samples were inconclusive and were being sent to Kabul for further testing to determine the cause of the illnesses.

"This is a matter of concern not only for us but for the families," Sayedi said, blaming the sicknesses on "enemies" who oppose education for girls.

THE ASSOCIATED PRESS

Don't phone E.T., Hawking warns

SCIENCE British astrophysicist Stephen Hawking says aliens are out there, but it could be too dangerous for humans to interact with extraterrestrial life.

Hawking claims in a new documentary that intelligent alien lifeforms almost certainly exist, but warns that communicating with them could be "too risky."

The 68-year-old scientist says a visit by extraterrestrials to Earth would be like Christopher Columbus arriving in the Americas, "which didn't turn out very well for the Native Americans."

He speculates most extraterrestrial life will be similar to microbes, or small animals — but adds advanced lifeforms may be "nomads, looking to conquer and colonize."

The Discovery Channel said yesterday it will broadcast Stephen Hawking's Universe in Britain next month.

THE ASSOCIATED PRESS

News in brief

TRAVEL Most tourists stranded by the ash crisis will be returned by today although thousands could be stuck for nearly another week, European officials said. Officials said some locations lack air capacity for a quicker return, following a breakdown in civil aviation in Europe due to the ash spewing from a volcano in Iceland.

THE ASSOCIATED PRESS

ScanLife

Camp Obama and Camp Corail highlight the successes and failures of Haiti quake relief.

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Centre-right party wins majority in Hungary
Hungary's centre-right Fidesz party, led by Viktor Orban, won a two-thirds parliamentary majority yesterday, the National Election Office said. THE ASSOCIATED PRESS

Immigration battle looming in Arizona

Thousands of protesters descended on Arizona's Capitol yesterday to rally against a tough new immigration law they say will lead to police harassment of legal immigrants and U.S. citizens who look Hispanic.

Civil rights advocates have vowed to challenge the law in court, saying it would undoubtedly lead to racial profiling. The Rev. Al Sharpton said that just as freedom riders battled segregation in the South in the 1960s, he would organize "freedom walkers" to challenge the Arizona bill.

"We will go to Arizona when this bill goes into effect and walk the streets with people who refuse to give identification and force arrest," Sharpton said yesterday in New York.

> **"We will go to Arizona ... and walk the streets with people who refuse to give identification."**
> Rev. Al Sharpton

Gov. Jan Brewer signed the bill into law Friday. It requires police to question people about their immigration status — including asking for identification — if they suspect someone is in the country illegally. The law also toughens restrictions on hiring illegal immigrants for day labour and knowingly transporting them. Supporters have dismissed concerns of racial profiling, saying the law prohibits the use of race or nationality as the sole basis for an immigration check.

Brewer has ordered state officials to develop a training course for officers to learn what constitutes reasonable suspicion someone is in the U.S. illegally.

Hundreds gathered outside the state capitol in Phoenix Friday shouting that the bill would lead to civil rights abuses. Brewer said critics were "overreacting." THE ASSOCIATED PRESS

Jerusalem **Between a rock and a hard place**

SEBASTIAN SCHENER/THE ASSOCIATED PRESS

Palestinian protesters burned tires and garbage and threw rocks and firebombs at Israeli police as ultranationalist Jews, carrying Israeli flags, marched through the Jerusalem neighborhood of Silwan yesterday to dramatize their claims to the eastern sector of the contested holy city.

No end in sight for Thai standoff

PROTESTS Thai protesters occupying parts of Bangkok to press their demands for new elections vowed yesterday to fight on following a breakdown of negotiations and a televised appearance by the prime minister that offered no solution to the protracted, sometimes bloody crisis.

The so-called Red Shirts urged their supporters in provincial areas to confront the security forces, and many of them began setting up roadblocks outside Bangkok to prevent police reinforcements from entering the city.

Prime Minister Abhisit Vejjajiva spoke in a nationally televised interview yesterday, a day after rejecting a compromise offer by the Red Shirts — who say the current government is illegitimate — dashing hopes for a peaceful end to the standoff.

"We won't go home until we win," a protest leader, Khwanchai Praipana, told supporters following Abhisit's appearance.

He said many police and soldiers in the provinces sided with the protesters.

More than 1,000 protesters set up a roadblock overnight along a major highway, preventing police reinforcements from reaching Bangkok. THE ASSOCIATED PRESS

News in brief

VENEZUELA Opponents of President Hugo Chavez held primaries yesterday to pick candidates for upcoming congressional elections, a crucial step for Venezuela's opposition as it seeks a unified platform capable of winning the September vote. The primaries are part of the opposition's effort to field a single candidate for each the 165 National Assembly seats up for grabs. Chavez allies have dominated the assembly since 2005. THE ASSOCIATED PRESS

Obama praises mine victims

MINES U.S. President Barack Obama yesterday offered words of praise for victims of the worst U.S. mining disaster in a generation, words of solace for their families and words of hope to miners that he will make their jobs safer.

Obama planned to speak at a memorial service yesterday afternoon in Beckley, W. Va., for the 29 victims of the April 5 explosion at the mine in nearby Montcoal.

Obama has ordered a broad review of coal mines with poor safety records and urged federal officials to strengthen laws "so riddled with loopholes that they allow unsafe conditions to continue."

"We cannot bring back the 29 men we lost. They are with the Lord now," Obama said. "Our task, here on Earth, is to save lives from being lost in another such tragedy." THE ASSOCIATED PRESS

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Comment

Better late than never

OC Transpo managers and union attend counselling

InTransit
Steve Collins
metronews.ca/intransit

When I heard OC Transpo managers and union executives were attending counselling together, I'll admit I snickered. ("Alain, when you say 'You're fired,' I feel invalidated.")

Isn't this something couples who can't stand each other do to prolong the agony? Indeed, in a joint news release (!) both the union and management say they are "fully committed" to the process. They want this to work.

If as a transit rider you're feeling like the disaffected kid caught in the middle of this ugly sham of a relationship, you're not alone, but adult behaviour has not been conspicuous from either side.

Far worse than the chaos and disruption of the strike was watching management, union and council complain about each other to the media day after day while refusing to even sit in the same room and exchange a word face to face.

The rest of us exhausted our ingenuity trying to get to work, to school, to doctor's appointments and on with our lives. Transpo's management and union weren't getting anywhere, and neither were we. Finally, the federal government intervened and legislated the buses back onto the streets. How long the strike would have lasted otherwise is anyone's guess.

We're still mopping up the mess. The scheduling issue that caused the strike continues to fester and, last week, the city dealt with the first of at least 18 taxi drivers accused of inflating claims on taxi chits issued to the poor so they could get around during the strike.

The strike created an emergency, which necessitated the improvised and poorly monitored chit handout, and led to this disgrace.

So no matter how ludicrous the idea seems of OC Transpo general manager Alain Mercier and ATU 279 president Andre Cornellier stuck in some touchy-feely encounter group, at least it's an open channel. Somebody's talking.

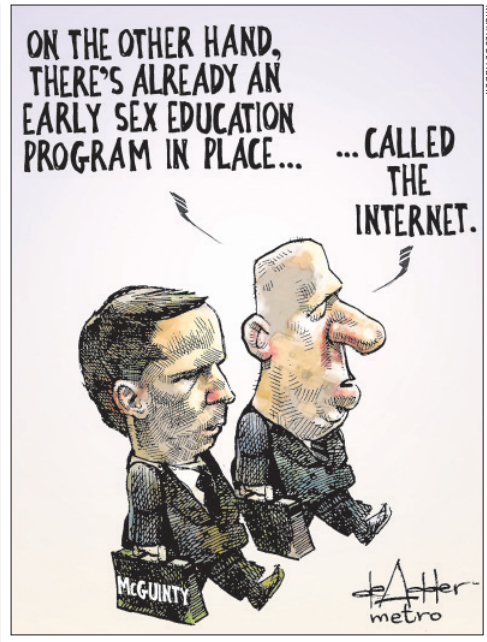
The participants say they're trying to "depersonalize interventions and focus on issues," which I think means stop pointlessly antagonizing each other, identify the real problem and try to solve it. Many of us learned this at an earlier age, but better late than never.

In addition to last month's labour counselling with the Federal Mediation and Conciliation Services, Transpo's management and union are scheduled to meet again for two-day sessions in May and June.

The process, say management and union, "could also result in continuous bargaining rather than a traditional bargaining approach with strict timelines."

This, too, is good news since the contract they're still wrangling over expires next year anyway. Maintaining a functional relationship is, like it or not, part of the job.

Steve Collins lives, writes and walks in Ottawa; ottawaletters@metronews.ca



MICHAEL DE ADDER

Worth mentioning

Film sets are wasteful places, actor says

It's not easy being green on a film set, says Colin Firth.

"It's a wasteful place," admits the Oscar-nominated actor.

"It is not ... because film people are free of conscience and they don't care about the planet. It's a very panic-stricken environment a lot of the time."

Firth says there are people in the film industry who will do anything to get a take on time.

"You get directors who say, 'Make the kid cry, get the scene right,'" he says with a laugh. "Things get wasted, thrown away, replaced. Whole sets go to landfill. Food gets laid out for the banquet scene and sprayed so it looks good but you can't touch it or eat it.

"The waste (even) to people who have no environmental conscience at all is pretty staggering to witness."

Firth was in Toronto over the weekend to accept an award, with his brother-in-law, for his support of the environment.

They received the inaugural International Entertainment Award award from the Green Living/Environmental Media Association at the Green Living show, attracting a large crowd of environmental enthusiasts and Firth fans.

The Environmental Media Association is trying to mobilize the entertainment industry to educate people about environmental issues and inspire them to take action.

The association invented the concept of the "green carpet," the idea of taking a hybrid or alternative fuel vehicle, not a limo, to high-profile awards events.

Firth, his wife Livia, and her brother Nicola Giuggioli co-founded Eco Age in 2007, a London-based store that sells environmentally sensible products and offers consulting support to businesses on how to operate in a green way.

Accompanied by his famous brother-in-law, Giuggioli said in an interview that one of his goals is to show others that it is possible to run both a financially and environmentally sound business.

Colin Firth

THE CANADIAN PRESS

Noteworthy

British government issues apology to Pope

Britain's Foreign Office issued a hasty apology yesterday to Pope Benedict after publication of an internal memo in which officials joked he could open an abortion clinic, launch a range of condoms or sing a duet with the Queen during a four-day visit in September.

The document, sections of which were published in the Sunday Telegraph newspaper, also proposed the Pope could bless a gay marriage, and acknowledge the clerical sex abuse scandal by establishing a hotline for abused children, or honouring abuse whistleblowers.

Junior officials wrote the memo following a brainstorming session intended to discuss ideas for the visit, the first to Britain by the head of the Roman Catholic Church since pope John Paul in 1982.

Though some included advice for Britain's government on how to approach the abuse scandal, the ministry condemned many of the proposals as "ill-judged, naive and disrespectful."

Britain's ambassador to the Vatican, Francis Campbell, met senior Vatican officials to offer a formal apology and one individual involved in drafting the memo has been transferred to other duties, the ministry said.

THE ASSOCIATED PRESS

Quote of the Day

"I want to create a movement for men's health because men just don't go to the doctor as often as they should."

— THOMAS CANTLEY, A NOVA SCOTIA-BORN FILMMAKER AND PHOTOGRAPHER WHO IS PREPARING FOR AN EPIC JOURNEY ACROSS NORTH AMERICA, PUSHING A SEVEN-FOOT RUBBER BALL AHEAD OF HIM TO BRING ATTENTION TO TESTICULAR CANCER.

THE CANADIAN PRESS

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Israel ends ban on iPad imports

Israel has ended its ban on Apple's iPad tablet computer, imposed over concerns its wireless signal could be disruptive. Israel's Communications Ministry says that after a technical review, officials have decided to allow the popular device into the country. THE ASSOCIATED PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Email trouble for Goldman

Trader rushed to bet against mortgage market, message shows

As the U.S. housing market turned downward in January 2007, a Goldman Sachs trader wrote in emails to a woman he apparently was courting that investments he had sold were "like Frankenstein turning against his own inventor."

"I'm trading a product which a month ago was worth $100 US and today is only worth $93," wrote Fabrice Tourre, who was charged along with the bank in a civil complaint filed this month by the U.S. Securities and Exchange Commission. "That doesn't seem like a lot but when you take into account ... (the investments) are worth billions, well it adds up to a lot of money."

Tourre was talking about investment products like the one at the heart of a federal complaint against his firm. For Tourre, the investments were like an invention gone awry: He had started arranging them when the market was on the upswing. But he continued selling them after the market turned — now with Goldman betting against them, in one case allegedly misleading investors about a deal's origin.

Lloyd Blankfein

Goldman Sachs Group Inc. released that email and 25 other internal documents Saturday in response to a U.S. Senate panel's release of messages in which Goldman executives boast about money they were making as the market imploded later in 2007.

When credit rating agencies downgraded many billions of dollars of mortgage-backed investments in October 2007, Goldman executive Donald Mullen was unabashedly pleased.

"Sounds like we will make serious money," Mullen wrote to Michael Swenson, another executive, in one of the emails released by the Senate Permanent Subcommittee on Investigations.

Goldman has argued vehemently it did not profit from the mortgage meltdown.

Swenson and Tourre, along with Goldman CEO Lloyd Blankfein, will face a public grilling on Capitol Hill tomorrow from the subcommittee.

THE ASSOCIATED PRESS

Beijing Auto show-manship

GEMUNU AMARASINGHE/THE ASSOCIATED PRESS

Dancers, some inside a balloon, perform at the Beijing Auto China 2010 yesterday in Beijing. Chinese automakers announced ambitious plans to expand abroad as global producers unveiled new models at the Beijing auto show aimed at boosting sales in China's fast-growing market.

Business in brief

REBOUND Earnings from more than a quarter of Canada's blue chip companies will be released this week, painting a picture of corporate Canada's rebound from the depths of the recession last year. CIBC economist Peter Buchanan is predicting 45 per cent year-over-year growth.

FLIGHT The Manitoba government is still hoping to talk Air Canada into reopening its flight attendant base in Winnipeg, two years after the airline announced its closure. But the province is not willing to say what type of incentives it's offering. THE CANADIAN PRESS

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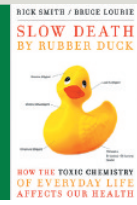
Preheat wisely

Preheating your oven is often unnecessary for any food requiring more than a full hour of cooking time, says the Chicago Solar Partnership. Check your recipe instructions. Don't open the oven door when cooking; it will let heat escape and cause your oven to work harder. METRO NEWS SERVICES

Going Green



It's a toxic life

The book Slow Death by Rubber Duck is a brief adventure by two researchers who in planned self-toxification led environmental professionals to conclude that pollution is now so pervasive that it's become a marinade in which we bathe every day. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

Let's drink to salt of earth

Organic winemaking catching on

Wine can make people think of a lot of different things, especially good food, good friends and good times. Increasingly you can add another good to the list — good environmental stewardship.

Organic wines, which avoid the use of pesticides in grapes and is produced through sustainable farming practices, is becoming a more frequent presence on Canadian liquor store shelves.

The environmentally conscious consumer does not have to make a sacrifice to drink green wine. According to Hillary Dawson, president of the Wine Council of Ontario, there is no difference in taste or quality between organic and non-organic products.

Although there has been an increase in demand for organic products from consumers, Dawson says the decision to go organic goes much deeper than a business one. "It's not a need, it's a want," Dawson says. "Growing grapes requires a real deep connection to the soil."

The amount of green products available to the consumer might be even greater than it appears, according to Dawson. Although many producers use organic techniques to make their wine, Dawson says that the certification process to be recognized as organic is "onerous." As a result, a lot of farmers don't bother.

"There are a million ways to show that you are sustainable," Dawson says. "I'm just proud that our producers are doing what they can to practise in ways that will ensure the long-term sustainability of the industry."

However, one winemaker that has gone through the process of organic certification says that it is important to do so. Bruce Ewert is the proprietor of L'Acadie winery in Nova Scotia. He says that there is only one way that consumers can be sure that they are getting an organic product — look on the label for certification.

"With marketing you can say anything," Ewert says. "When you put it on the label you know that a third party has been involved. It gives it credibility."

METRO NEWS SERVICES

Many winemakers are growing their grapes using environmentally responsible methods.

"Growing grapes requires a real deep connection to the soil."
Hillary Dawson, Wine Council of Ontario

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No suspension for Hossa

Marian Hossa will be in Chicago's lineup for Game 6 against Nashville tonight. The Blackhawks forward learned yesterday that he would not be suspended for his hit on Predators defenceman Dan Hamhuis late in Game 5. THE CANADIAN PRESS

Sports

Decision left to Vanek

Buffalo Sabres coach Lindy Ruff has left the decision with leading scorer Thomas Vanek, left, to determine whether his sore left ankle is strong enough to play in Game 6 of the team's first-round playoff series at Boston tonight. "He's close now. It's his decision whether he can play or not," Ruff said yesterday after Vanek took part in his second straight day of practice after missing the past three games. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

GREGORY SHAMUS/GETTY IMAGES

Phoenix Coyotes Keith Yandle fights with Detroit Red Wings Justin Abdelkader yesterday during NHL playoff action in Detroit.

Special teams play helps Coyotes force Game 7

(Series tied 3-3)

Coyotes 5 Red Wings 2

The Phoenix Coyotes were at their best when they were up or down a skater, or two, and that gave them a chance to survive for at least one more game.

Phoenix scored its first three goals on special teams and Ilya Bryzgalov made 31 saves in a 5-2 win over Detroit yesterday that forced Game 7 in the first-round series.

"They won the special teams battle," Red Wings coach Mike Babcock said. "That sucked the life out of our team."

Phoenix will host the final game against Detroit tomorrow night.

"Any time you can play in a Game 7, it's a game you'll remember," Coyotes coach Dave Tippett said.

Detroit would love to forget how Game 6 started.

The Coyotes were called for three penalties in the first 4:42 — including a pair that put them down two skaters for 1:09 — but they were the only team to score in the opening period.

Detroit defenceman Brad Stuart nonchalantly carried the puck out of his end, Lauri Korpikoski snatched it and scored a short-handed goal 4:10 in to spark the win.

"My fault," Stuart said.

Mathieu Schneider snapped the Coyotes' 0-for-19 skid on the power play with a goal early in the second for a 2-0 lead, and Radim Vrbata scored with the man advantage midway through the period to restore the two-goal edge.

"I don't want to say we solved it," Schneider said. "It worked for tonight."

THE ASSOCIATED PRESS

Doan still out

- The Coyotes scratched captain Shane Doan yesterday, keeping him out of the lineup for the third straight game because of what looked like a shoulder injury sustained in Game 3.
- Coach Dave Tippett said Doan is close to being able to play.

Jays get nowhere against Rays

MLB RESULTS

Blue Jays 0 Rays 6

David Price finally got to finish what he started.

Price threw a four-hitter, John Jaso and Jason Bartlett had two RBIs apiece and the Rays beat Toronto 6-0 yesterday.

"I've always believed that when a young pitcher can throw a complete game shutout it does do something for their confidence," Tampa Bay manager Joe Maddon said. "And to do it in a minimal number of pitches like that, 108, that's really good also. I just think it's a carry-over kind of thing."

Price (3-1) struck out nine and walked one in his first complete game.

"He probably pitched the best against us (this season)," Blue Jays manager Cito Gaston said. "He threw strikes. He kept the guys off balance." THE ASSOCIATED PRESS

Sens see silver lining

'It's definitely a step in the right direction': Alfredsson

When the Senators gather one last time this morning to clear out the dressing room, they'll carry more than just their sticks and equipment into the summer months.

"There's a lot of good things that happened this year in the team and it's definitely a step in the right direction for us compared to the last two years," Ottawa captain Daniel Alfredsson said after the Senators' season came to an end Saturday night with a 4-3 overtime loss to the Pittsburgh Penguins.

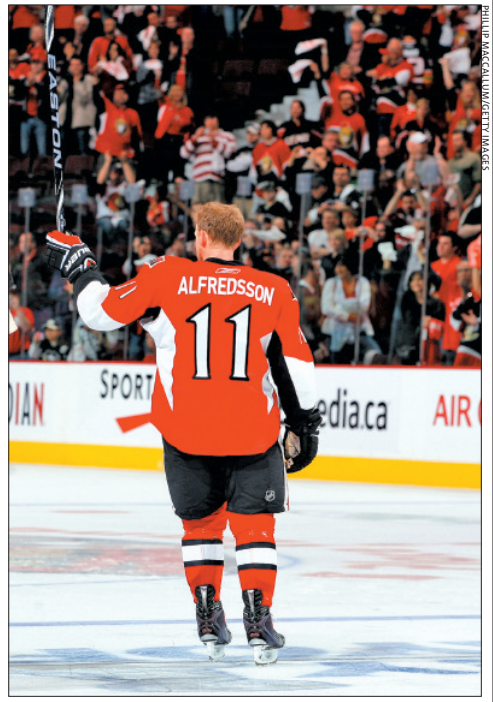
The Senators were bounced out of the playoffs on home ice in a heartbreaking fashion — squandering a 3-0 lead in Game 6 and losing in overtime.

However, given that Ottawa was facing the reigning Stanley Cup champions and had already staved off elimination with a dramatic triple-overtime triumph in Pittsburgh a game earlier, they'll still take more good than bad out of the way the Eastern Conference quarter-final played out.

The Senators' playoff character annually comes into question, save for last year when there were no playoffs to speak of after Ottawa missed out, but not this time around.

The Senators, not the most star-studded team to begin with, played the series minus a couple of their top forwards in Milan Michalek and Alex Kovalev (knee injuries) and a top blue-liner in Filip Kuba (back injury), but still managed to throw a scare into the Penguins.

"We gave everything we had," defenceman Chris Phillips said. "In terms of effort and try, you couldn't ask for more."



PHILLIP MACCALLUM/GETTY IMAGES

Daniel Alfredsson of the Ottawa Senators salutes the crowd after an overtime loss to the Pittsburgh Penguins on Saturday.

After a regular season interrupted by injuries and poor performances that cost him the starting job to Brian Elliott, goaltender Pascal Leclaire at least redeemed himself somewhat with a franchise-record 56-save performance in Game 5 and another respectable showing in Game 6, although questions over either netminder's ability still remain.

Newcomers Matt Cullen and Andy Sutton enhanced their reputations and mainstay Anton Volchenkov, all of whom are scheduled to become unrestricted free agents this summer, restored some of his.

Then there was Alfredsson, who had two goals and six assists to tie Cullen for the team lead in points despite playing with a torn stomach muscle suffered late in the season.

The 37-year-old was feted after becoming the first player in franchise history to reach the 1,000-game mark for his career earlier this month, and further cemented his status as its best and most-influential player.

"What can you say?" asked coach Cory Clouston. "He's our leader, he's a warrior and he steps it up and plays through pain. He does a lot of good things, both on and off the ice. He leads by example."

THE CANADIAN PRESS

Hamrlik hopes to contribute as Habs fight for survival

NHL Sitting on the bench was no fun for veteran Roman Hamrlik.

The 35-year-old defenceman spent all but two shifts of the third period as a spectator in Game 5 of the Montreal Canadiens' NHL playoff series against the Capitals in Washington, watching as his teammates staved off elimination with a gritty 2-1 victory.

Roman Hamrlik

He hopes to be more involved when the Canadiens, trailing 3-2 in the best-of-seven series, try to stay alive again with a victory in Game 6 tonight at the Bell Centre.

"I've been here long enough and I've played so many games in the league, I should know better," Hamrlik said. "I just have to compete and be ready every shift. Last game, I didn't play much. We got a big win and I support the guys, but it's frustrating to watch the game from the bench, absolutely."

THE CANADIAN PRESS

Sports in brief

SOCCER Salomon Kalou scored three goals and Frank Lampard added two as Chelsea beat Stoke 7-0 to stay a point ahead of Manchester United in the Premier League title race yesterday. Chelsea has 80 points and United 79 going into their last two games of the season.

NBA LeBron James had 37 points, 12 rebounds and 11 assists, Antawn Jamison added 24 points and the Cleveland Cavaliers beat the Chicago Bulls yesterday to go up 3-1 in their first-round series.

NBA Dwyane Wade set franchise playoff records with 46 points, 30 in the second half, and the Miami Heat staved off elimination yesterday by beating the Boston Celtics in Game 4 of an Eastern Conference first-round series. Desperate to extend their season, the Heat opened the fourth quarter on a 25-8 run, fuelled mostly by Wade, who made 16-of-24 shots from the field.

HORSE RACING Likely Kentucky Derby favourite Eskendereya is out of the Run for the Roses. Trainer Todd Pletcher said he's pulling the three-year-old colt out of next weekend's Derby due to an "issue" in the horse's left front leg. Eskendereya stamped himself as the horse to beat after winning the Fountain of Youth and the Wood Memorial by a combined 18½ lengths. THE ASSOCIATED PRESS

SCOREBOARD

NHL

SUNDAY'S RESULTS

Phoenix 5 Detroit 2
Vancouver at Los Angeles

NBA

SUNDAY'S RESULTS

Cleveland 121 Chicago 98
Miami 101 Boston 92
San Antonio 92 Dallas 89
Denver at Utah

BASEBALL

SUNDAY'S AL RESULTS

Tampa Bay 6 Toronto 0
Baltimore 7 Boston 6 (10 ings)
Chicago White Sox 3 Seattle 2
Kansas City 4 Minnesota 3
L.A. Angels 8 N.Y. Yankees 4
Oakland 11 Cleveland 0
Texas 8 Detroit 4

SUNDAY'S NL RESULTS

Arizona 8 Philadelphia 6
Chicago Cubs 12 Milwaukee 2
Cincinnati 5 San Diego 4
Colorado 8 Florida 4
Houston 10 Pittsburgh 3
St. Louis 2 San Francisco 0
Washington 1 L.A. Dodgers 0
Atlanta at N.Y. Mets

MLS

SUNDAY'S RESULTS

Toronto 2 Seattle 0

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B.C. college gets funding hike

The B.C. government announced it is providing the College of New Caledonia with nearly $2.7 million for equipment and start-up costs and more than $590,000 in annual funding for a new medical radiography technology diploma program. METRO NEWS SERVICES

Workology

McMaster gears up auto research

McMaster University is looking to convert part of a warehouse at its Longwood Road research park into an automotive resource centre. The institution is hoping to start a $15-million retrofit at the warehouse as early as this summer, depending on the availability of requested federal funding. Tenants in the McMaster Auto Research Centre would work directly with the $65-million CANMET materials research lab across the road. That facility is on schedule to open by October. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

A colourful way to make a living

OddJobs

Diane Peters

Metronews.ca/oddjobs

When most of us see Michelle Obama in a yellow dress or watch the blue-green world of Avatar, we think: That looks cool.

Alice Chu sees next season's popular colours.

Chu was good at art as a child and worked hard to get better so she could attend university. She was born in Shanghai and moved to Taiwan with her grandparents to escape communism (her parents and sister stayed behind); getting into school was very competitive.

By the time she'd finished her degree, both her grandparents had passed away. With nothing to keep her in Asia, she went to Columbia University in New York for a masters in art. But being a fine artist wasn't for her. "I thought to myself: 'If I just paint, it's not a career that can provide me with a job and money.'"

A summer job at a graphic design firm solved that problem. After she met her husband, she moved with him to Boston, then to Montreal after he got a job at McGill University. Since graphic design work was often sporadic, she decided to do her teaching diploma at McGill in 1972.

She began teaching in the visual arts department at Dawson's College. Then a job posting at Ryerson in 1977 caught her eye. She moved to Toronto, seeing her husband every two weeks and during the summers.

Chu was a bit unsure at first: The job was teaching basic design, but in the school of fashion.

As the years passed, Chu became increasingly interested in fashion, and in particular, colour. She observed how strong coloured, fashion-forward garments pull people into stores, but they often purchase conservatively hued pieces. She wondered about favourite colours: Do people like certain colours because they're appealing, or because they look good in them?

Chu began writing about these issues and discussing them with her students. In the late 1980s, she joined Color Marketing Group. This U.S.-based non-profit has members from a range of industries, including interior design, that meet twice a year to discuss which colours are popular and to guess what will be hot in upcoming seasons.

It then publishes the group's predictions. Fabric manufacturers and paint companies then use these colour predictions to help formulate new products.

To develop her own theories of what's the next hot colour, Chu's always observing what's going on in pop culture, politics, the economy and big events. She's always looking at fashion magazines and what people are wearing whens she travels.

Chu's not always spot on. She says guessing colour trends is like predicting the weather. "If you're right 80 per cent of the time, you're OK."

BERNARD WEIL/TORSTAR NEWS SERVICE

Alice Chu has an eye for colours.

The Lowdown

Job title: Colour specialist
Salary: Varies
Education/training: Art background
Best Part of the Job: "I have a reason to travel."
Worst Part of the Job: "Trying to come up with the right colour."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

Create a personal brand when job hunting

MAT LECOMPTE
for Metro Canada

A jobseeker's mentality is key to finding a job. By thinking like a business, it's possible that more businesses may come a knocking.

A fair question is what, then, does thinking like a business require? To organizational expert and entrepreneur Jane Woolsey, it will require an organized approach and developing a brand.

"It's all about standing out," she explains. "Employers will want to investigate someone that's taken the effort to go the extra mile. If there are 100 resumes in front of an HR manager, you're going to stand out from the crowd. You've only got one chance."

Jane Woolsey

Woolsey suggests those on the job hunt adopt the mantra that looking for a job is full-time work. The hunter should schedule their day in blocks, inserting time for follow-ups, resume tweaking, phone calls and looking at various resources. Scheduling time in an organizer is recommended so the hunter can have a visual reference point to guide them. Also, she says the hunter must know what kind of work they are looking for.

"If you don't have a plan, you'll be all over the place," she warns.

In this market, however, she indicates that organization may not necessarily be enough. It's also important for hunters to create a personal brand.

Creating a personal brand involves consistency and personality. She says you'll want to create business cards with colours and fonts that look professional, while complimenting your personality. The colours and fonts should be consistent with the letterhead used for cover letters, resumes, envelopes and follow-up notes.

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Privacy czar backs university's plan to outsource email to Google

After reviewing a privacy impact assessment submitted by the University of Alberta on its plans to outsource its email services to Google, Alberta's privacy commissioner says the university has done what it reasonably can to ensure the protection of personal information. METRO NEWS SERVICES

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Helping women get to the top

KEITH CARMAN
for Metro Canada

Women may finally be climbing the corporate ladder faster and in greater numbers than ever before, but, as author Marcia Reynolds cautions, don't be a managerial lemming.

In her recent book Wander Woman: How High-Achieving Women Find Contentment And Direction (Berrett-Koehler), Reynolds, who hold a doctorate in psychology, points out that despite grabbing opportunity, not all of those employment acquisitions are beneficial.

"I did an informal survey with a group of professional women world-wide asking, 'Would you take a job to fill a quota?' The majority said yes, (feeling) this was the only way to make the changes to give women a voice at top levels and open doors to the women behind them," she notes. "Although many would say that this is necessary to break down the control of the male elite, would you take a position based on filling a quota? This offer doesn't sound attractive to me."

An instructional book designed to develop and assist both current and aspiring female leaders in attaining/maintaining high-profile leadership roles, Wander Woman challenges those potential allowances in an effort to help women achieve managerial status on the basis of ability, professionalism and knowledge, not genus.

To that extent, Reynolds illustrates that companies must invest in their own future by re-aligning current executive mindset; eliminate hiring to "fill allocations" and establish stronger foundations of female employees moulded into management material beforehand, not as they assume the corner office.

"If leaders don't have enough qualified women to promote, they should work on how they develop them (management training programs, working with coaches/mentors) and create corporate cultures that appeal to top female performers. This process might be slower than imposing quotas but it's likely to get more buy-in from the women themselves."

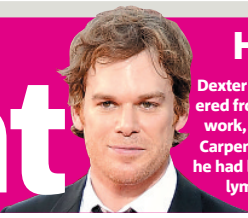
Similarly, onus is not entirely on organizations. Those striving to take on greater leadership roles must ensure they have the skill set necessary for senior positions, lest they be seen as attaining titles they were thrust into. Such perspectives only create tougher challenges in proving merit or escaping negative, conceivably envious co-workers.

"Women have to be responsible for their own development. If their companies don't offer training and mentoring, they should seek it on their own," Reynolds asserts.

More Monsters

Pixar's 2001 film Monsters Inc., a film about monsters who scare kids for a living, is to have a sequel, the Disney studio has announced. The animated followup will be released in November 2012. METRO NEWS SERVICES

Entertainment



Healthy Hall

Dexter star Michael C. Hall has recovered from cancer and has returned to work, reports his wife Jennifer Carpenter. Hall announced in January he had been diagnosed with Hodgkin's lymphoma. METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

Eddie Izzard exposed

British stand-up comedian brings Stripped tour to Canada

KEITH CARMAN
for Metro Canada

In his high-heels, lipstick and earrings, there's no mistaking Eddie Izzard.

Yes, the 42-year-old British stand-up comedian is a transvestite, an issue he's addressed many times during various performances. Discerning between types of cross-dressers ("weirdo" versus "executive") and asserting that many men in women's clothing are in fact heterosexual, after 20 years as a comic, film and television star, Izzard is well beyond justifying his looks.

Not that it matters anyway. Slick, self-assured and quite intellectual, as Izzard delves into his shows, the initially shocking visual aspect quickly evaporates as one becomes enraptured in his alluring ability to regale with engaging tales steeped in history and hilarity.

"I always say I talk about everything there ever was ... with gaps," he smiles, referring to his penchant for relaying factual situations with a humorous twist. "(Comics) have to talk about something and if you have no point of view on anything, you end up doing dick jokes or mother in-law jokes which is incredibly boring. You have the pressure of talking about something but if you can articulate a point of view, you can talk about absolutely anything. I discovered history which was waiting to be used."

> **"I ad-lib as much as I can in every show (but) this show is well up to speed. I've performed in about 40 or 50 arenas so far, so Canada's getting it when it's in good shape ... I'm ready to talk more rubbish."**
> Eddie Izzard

Taking that modus to its extreme on his latest tour dubbed Stripped, Izzard reveals plans to discuss everything from God — or the lack thereof — to old people dying in their beds, Greeks and Romans, Egyptians, cavemen and more. He notes that the show is yet another wealth of information delivered with sincerity, brevity and most importantly, humour.

"I saw a professor lecture on a subject that I'm interested in and it was incredibly boring. There was too much detail and it was monotone. I break it down: 'There were these people and they were f—ed up. Then these people came along and they were really f—ed up.' I cut it down and make it more street-accessible. Hopefully I'm not offering lessons so much as observations, though."

Still, as any devout Izzard fan knows, despite a general outline, there's always the potential for Stripped to careen off the rails nightly. Continually succumbing to his own tangents and affection for improvisation, Izzard often becomes so caught up in entertaining unscripted tales he becomes lost. "Where was I?" is as much a fixture of Eddie Izzard shows as his shocking appearance. At that, Izzard reveals that even with a host of items to discuss on Stripped's Canadian stint, he can't be sure exactly where it will go.

"Anyone gets bored with doing the same thing over and over again so I ad-lib as much as I can in every show (but) this show is well up to speed. I've performed in about 40 or 50 arenas so far, so Canada's getting it when it's in good shape ... I'm ready to talk more rubbish."

British stand-up comedian and noted transvestite, Eddie Izzard.

Eddie Izzard live

- Eddie Izzard performs at The National Arts Centre Southam Hall on May 28.

Ballsy move to raise testicular cancer awareness

HEALTH A young Nova Scotia-born filmmaker and photographer is preparing for an epic personal journey across North America, pushing a seven-foot rubber ball ahead of him to bring attention to testicular cancer.

"I've always had big ideas and been kind of out there," said Thomas Cantley, who got the diagnosis last year that would make most men cringe.

"Everyone's always told me I was ballsy even before I got this," he said following recent surgeries to remove his left testicle and several lymph nodes.

Cantley, who now calls New York City home, plans to create a documentary called Ballsy out of his travels, interviewing health care professionals and cancer survivors along the way.

"I'm 27. I never even had a cavity. I've always been healthy, then I'm told I have testicular cancer," he said. "It didn't really even hit me at first."

Cantley said he'd been in pain for months before he decided to seek medical help last fall.

"I want to create a movement for men's health because men just don't go to the doctor as often as they should."

His testicle was removed in New York but the lymph node surgery was done when he returned home to Nova Scotia.

The Vancouver Film School graduate said he wanted something therapeutic to keep him focused through the ordeal so he decided to shoot his surgery.

> **"I'm 27. I never even had a cavity. I've always been healthy, then I'm told I have testicular cancer ... It didn't really even hit me at first."**
> Thomas Cantley

The idea for the Ballsy project began taking shape as he lay in recovery and had a chance to talk to a 17-year-old boy who was just about to undergo the same surgery.

"I had no idea. He just really impacted me. Before I got testicular cancer I had no idea about this. It turned into a personal project to create awareness," he said.

Back in New York, Cantley was able to hook up with a producer and they started brainstorming ideas to create a thread for his documentary. They came up with the idea of pushing a giant ball from Los Angeles to New York and then from Toronto to Halifax.

Planning is underway as Cantley seeks corporate sponsors, works out his travel itinerary and logistical support and awaits the arrival of his eight-kilogram, giant white ball from the manufacturer in Italy.

He has already heard from the American Cancer Society, The Lance Armstrong Foundation and the Canadian Testicular Cancer Association.

Cantley said he hasn't set a start date yet but he wants to take advantage of good summer weather and has begun working out with a personal trainer in New York to improve his stamina.

In the meantime, he begins fundraising efforts with a silent auction in Halifax today.

Statistics compiled by Health Canada show testicular cancer is the most common cancer in young Canadian men between the ages of 15 and 29. When caught early, it is often easily treatable and curable.

In Alberta and British Columbia testicular cancer ranks first in cancer for men between 25 and 34 years of age.

THE CANADIAN PRESS

Myers says Austin movie 'on track'

MOVIES

Myers

Mike Myers can't wait to revive his Austin Powers alter ego for another movie — but he's struggling to assemble his cast for production.

The funnyman announced last year he had begun work on another sequel. Myers insists the project is still "on track" but admits he has run into problems recruiting stars.

He tells MTV News, "Things are on track. It's hard to keep a ... team together and I'm very happy how insanely well it's gone. Then it gets hard to get everybody all together. (But) it's chugging along."

METRO NEWS SERVICES

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NCIS' Murray welcomes son

It's good news for NCIS star Sean Murray -- the actor and his wife, Carrie, have welcomed a baby boy to the family. POPEATER.COM

Michaels hospitalized

Poison frontman suffers brain hemorrhage

Bret Michaels is in critical condition suffering from a brain hemorrhage, his publicist said Friday.

Joann Mignano confirmed a report on People magazine's website Friday that said the former Poison frontman was rushed to intensive care late Thursday after a severe headache.

The report said doctors discovered bleeding at the base of his brain stem.

Mignano said tests are being conducted and that no further information was available.

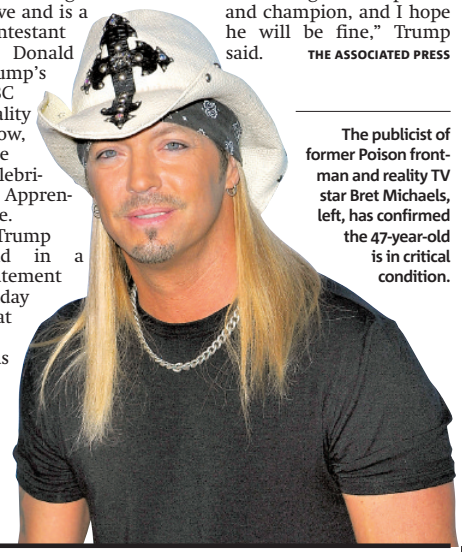
The 47-year-old reality TV star had an emergency appendectomy last week after complaining of stomach pains.

He said on his website that although the surgery "has taken its toll," doctors expected him to make a full recovery.

Michaels starred on the VH1 dating show Rock of Love and is a contestant on Donald Trump's NBC reality show, The Celebrity Apprentice.

Trump said in a statement Friday that he was "deeply saddened" to hear of Michaels' condition.

"He's a great competitor and champion, and I hope he will be fine," Trump said. THE ASSOCIATED PRESS



The publicist of former Poison frontman and reality TV star Bret Michaels, left, has confirmed the 47-year-old is in critical condition.

Weekend box office

1. **How to Train Your Dragon:** $15 million
2. **The Back-up Plan:** $12.3 million
3. **Date Night:** $10.6 million US
4. **The Losers:** $9.6 million
5. **Kick-Ass:** $9.5 million
6. **Clash of the Titans** $9 million
7. **Death at a Funeral:** $8 million
8. **Oceans:** $6 million
9. **The Last Song:** $3.7 million
10. **Alice in Wonderland:** $2.2 million

THE ASSOCIATED PRESS

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DT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/26/10 primetime	265	353	2	TVO	Victorian Farm		The Agenda With Steve Paikin		Midsomer Murders		Empire of the Word		Agenda-Paikin
	211	331	3	GTV	Entertainment	ET Canada	House "Open and Shut"		24 (HDTV PA) (N)		NCIS: Los Angeles (N)		News Hour
	-	-	5	SRC	Squelettes	Belle-Baie (N)	Le Verdict: c'est votre opinion		Louis-José Houde		Le Téléjournal Nouvelles. (SC)		La Zone (SC)
	209	342	6	CHRO	Degrassi: TNG	TMZ (N)	Dancing With the Stars (HDTV) (Live)			Robson Arms	Castle "Fool Me Once"		Comedy Now
	196	311	7	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	(10:01) CSI: Miami		CTV News
	208	303	8	CBC	NHL Hockey Buffalo Sabres at Boston Bruins. (HDTV) (Live)						CBC News: The National		The Hour
	-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Chuck (HDTV) (N)		Trauma "Crossed Wires"		Law & Order (HDTV)		News
	117	713	10	TVA	Gala Artis en coulisses		Ma Maison Rona (HDTV)		Teste sur des humains		TVA nouvelles	(10:45) Denis Lévesque	
	-	-	11	QS	Big Brother QC	Rire et délire	CSI: NY "Payer sa dette" (SC)		Le Mentaliste (SC)		L'Attaque à 5 (N)		Big Brother QC
	137	763	12	TFO	Panorama		Aliens des fonds marins		*La Bande des quatre* ★★ (1988, Comédie) Laurence Cote, Bernadette Giraud.				
	-	362	13	CBS	The Insider (N)	Judge-Brown	How I Met	Engagement	Two/Half Men	Big Bang	(10:01) CSI: Miami		Two/Half Men
	216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		How I Met	How I Met	Trauma "Crossed Wires"		Chuck (HDTV) (N)		News
	115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
	218	345	18	CHCH	*Get Over It* ★★ (2001, Romance-Comedy)			*The Spy Who Loved Me* ★★★ (1977, Action) Roger Moore, Barbara Bach.					News at 11 (N)
	-	361	20	ABC	Action News	Entertainment	Dancing With the Stars (HDTV) (Live)			Romantically	Castle "Fool Me Once"		News
	512	396	24	CPAC	La Période de questions		Heure polit.	L'Heure politique				Revue	Période-quest.
	651	355	25	CTS	Little House on the Prairie		Father Dowling Mysteries		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	House "Open and Shut"		24 (HDTV PA) (N)		FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow (N)		American Experience Environmental movement.				Charlie Rose
	205	312	104	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	(10:01) CSI: Miami		CTV News
news	502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live		Anderson Cooper 360 (HDTV) (N)		
sports	406	417	27	net	MLB Baseball Boston Red Sox at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Connected		Prime Time
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	NHL Hockey Washington Capitals at Montreal Canadiens. (HDTV) (Live)					NHL Hockey Chicago Blackhawks at Nashville Predators.			
	410	403	52	SCR	RaceNight				(9:15) WWE Monday Night RAW With Michael Cole and Jerry Lawler.				
cable variety	411	457	56	OLN	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters		Destin. Truth
	417	406	59	SC	NASCAR Smart	NASCAR Hub	Fast Track to Fame (HDTV) (N)		Racing Chef	NASCAR	NASCAR	What's Deal?	Car Crazy
family	554	544	48	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
	557	540	51	FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	551	542	65	YTV	Survive This	Survive This	In Real Life		Survive This	That's-Weird	To Be Indie	Family Biz	Prank Patrol
	570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Behind the Music T.I.		Family Jewels
	615	520	31	A&E	The First 48 (HDTV)		Intervention "Sarah"		Intervention "Gabe"		Hoarders (HDTV)		Runaway Sq.
	628	584	32	SPKE	The Ultimate Fighter (HDTV)		TNA Wrestling (HDTV) (N)				Jail (N)	Jail	Deadliest
	521	560	34	TLC	Little People	Little People	Little People	Little People	Cake Boss	Cake Boss	Ultimate Cake Off (N)		Little People
	145	761	35	TV5	Un village français		Italie côté sud				Survivre		TV5 Le Journal
	616	521	39	SHO	Relic Hunter		*A Trick of the Mind* (2006, Suspense) Paul Johansson.				Misfits (HDTV) (N)		Survivors
	620	523	40	BVO	The 2010 JUNO Awards Billy Talent, Blue Rodeo, Drake.				Celtic Woman		The Musical Brain		Law & Order
	520	505	42	DIS	Daily Planet (N)		MythBusters		Dirty Jobs		Motor City Motors (N)		Daily Planet
	575	583	43	CMT	Due South "Free Willy"		Amer. Funniest Home Videos		According-Jim	According-Jim	*The Witches of Eastwick* (1987, Fantasy), Cher		
	601	562	45	SLC	Rich Bride Poor Bride		Bulging Brides	Bulging Brides	Rich Bride Poor Bride		The Millionaire Matchmaker		ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Pete Correale: Things We Do		Daily Show
	294	529	47	TBS	Family Guy	Family Guy	MLB Baseball Atlanta Braves at St. Louis Cardinals. From Busch Stadium in St. Louis.						Law & Order
	600	564	49	H&G	House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters	House Hunters	Holmes/Homes
	627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		*Alien Siege* ★★ (2005, Science Fiction) Brad Johnson.				Comic-Con
	581	566	53	MTV	Cribs	Cribs	Cribs	Teen Cribs	The Challenge: Fresh Meat II		My Life as Liz	After Show	MTV Live
	618	524	54	TROP	Re-Vamped		Wipeout		Wipeout		Parking Wars	Parking Wars	Prod. Parker
	522	506	55	HIS	Dogfights "Guadalcanal"		Aftermath (HDTV)		Storm Planets (N)		Cities of the Underworld		Ancients-Badly
	129	773	60	CD	Biographies "Barack Obama"		Les Grands travaux (HDTV)		J'ai frôlé la mort (HDTV)		Motards hors-la-loi		Ondes de choc
	261	394	61	V	Murder, She Wrote		Eyes Down	Wait for God	Blue Murder		Unscripted	Naked	Poltergeist
	602	567	62	W	Supernanny		How Clean	How Clean	Love It or List It		Love It or List It		Confidential
	269	350	70	APTN	Mishkuenita	Shaputuan	Le Rouge et le Noir		*La Vraie de vraie* ★★ (1993, Suspense) Kim Basinger.				Shaputuan
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	603	561	95	FN	Ricardo	David Rocco	Best Thing	At the Table	Top Chef Masters		Pitchin' In	Glutton	Best Thing

Parents to be proud of
David Hasselhoff's ex-wife Pamela Bach has been sentenced to spend 90 days behind bars for drunk driving. A judge in L.A. sentenced the singer to 30 days in jail, but another 60 have been added on because her November arrest was a parole violation, TMZ.com reports. METRO NEWS SERVICES

Celebrity Buzz

Want sauce with that?

CREATING LUNCH-LADY FANTASIES FOR TEENAGERS ACROSS THE CONTINENT Jennifer Lopez has "offered" herself up for a guest role on Glee, reports femalefirst.co.uk.

The singer-and-actress — who stars in new romantic comedy movie The Back-up Plan — admitted she plans to take on more funny roles in the future and has been in talks with Glee producers about having a cameo on the show.

She said: "I was like, 'Yeah, yeah whatever. I'm a huge fan. Whenever you want ... I'm good.' I kind of offered myself up."

When asked by U.S. TV talk show host Ellen DeGeneres this past Friday about when fans could expect to see her in the musical drama, Jennifer admitted the only issue was timing.

She said: "I sat down with show creator Ryan Murphy and we talked me doing something on Glee. We want to. We want to do it.

"They have it all mapped out for the next, like, eight episodes, whatever is airing right now. So he's like, 'Let's wait and do it really right when you do come on.'"

If she does appear on the show, it is thought the 40-year-old star would play a cafeteria lady at the fictional McKinley High, with her character being given a makeover from Chris Colfer's character Kurt Hummel.

METRO NEWS SERVICES

LiLo let-go and let-down

WONDER WHAT WONDERFULLY TRAGIC THING SHE'LL DO TO GET HER "CAREER" BACK ON TRACK? Lindsay Lohan has been dropped from the upcoming film The Other Side because she isn't bankable, a source close to the production tells TMZ.

The source says the film's finance folks were growing nervous about the actress and her spotty work record.

The film's writer/director, David Michaels, would only say, "Our team simply chose to move on from Lindsay and we'll soon be announcing a replacement."

Someone else doesn't trust Lindsay, although for different reasons. Michael Lohan paid a visit to daughter house in L.A. Thursday, bringing along the Los Angeles County Sheriff's Department. He came to check on his younger daughter, Ali, 16, who is staying with Lindsay, according to people.com.

After officers inspected the house and interviewed Ali, they left her with her older sister.

"I went to the police department concerned about Ali's welfare," Michael Lohan told Hollyscoop.com. "I wanted to check on Ali. I want to make sure she's okay. She's 16 and she doesn't belong there. She's a minor."

Of the incident, Sheriff's Department spokeswoman Nicole Nishida says: "Michael Lohan called the West Hollywood Sheriff's and was concerned about the welfare of his [teen] daughter who was with Lindsay Lohan — I don't know if they were living together. Sheriff's deputies went out to Lindsay Lohan's apartment and were given access by Lindsay Lohan and determined that for the [teen] as well as for Lindsay, there was no danger at all. A report was taken and that was it."

METRO WORLD NEWS

GETTY IMAGES

Can't wait for swollen ankles

AND MONTHS OF NAUSEA While starring — and earning great reviews — as the young lover in the hit Broadway play Time Stands Still this spring, Alicia Silverstone tapped into her maternal side with a little help from her wardrobe for the play.

"Wearing a pregnancy suit was so much fun," the actress, 33, tells People.

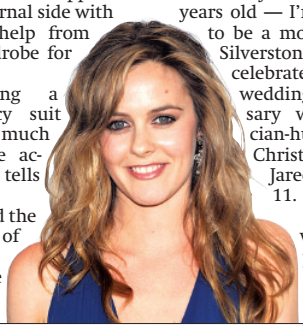
"I loved the feeling of pretending to be pregnant and having little arms and legs and this big belly."

But it wasn't just the suit that got her thinking about motherhood.

"I've been wanting to have a baby since I was two years old — I'm destined to be a mother," says Silverstone, who will celebrate her fifth wedding anniversary with musician-husband Christopher Jarecki on June 11.

"I can't wait to be pregnant.

METRO NEWS SERVICES



Bralessness banned for Brit?

GLAD WOMEN FOUGHT SO HARD TO HAVE CONTROL OVER THEIR OWN BODIES — IT'S REALLY PAYING OFF Jamie Spears is working overtime to keep daughter Britney Spears on track, even going so far as to forbid her from going out without a bra, according to the Sun.

"Jamie's control over Britney's life is incredible. He hates the pictures of her with her nipples all over the place so he has banned her from leaving the house without a bra," a source tells the newspaper.

"One security guard was told he is close to getting fired because he lets her go out without her bra."

Another source insists to TMZ that Jamie made no such ultimatum.

METRO WORLD NEWS

Three's company?

NOPE, THREE'S A CROWD. UM, WELL, YES Charlie Sheen has moved back into his home, and has reportedly brought his mistress with him, prompting Brooke Mueller to move out, according to Radar Online.

"She doesn't want to sleep in the same house with him she's so disgusted," a source says of Mueller.

"Their relationship is dead. Brooke wants a payout."

METRO WORLD NEWS

Tiger takes time to talk to his fans from the heart

MAY HAVE BEEN A GOOD IDEA TO TRY THAT WITH HIS WIFE FEW MONTHS BACK Tiger Woods expressed his gratitude to his fans with a message on his website, saying, "I honestly didn't know what to expect from the fans, but they were absolutely incredible from Monday through Sunday. It was unreal.

"They definitely helped me mentally to be more comfortable out there. I was hoping for the best. To get that type of warmth is something I did not expect and will never forget."

Conspicuously absent from the statement was any word about support from Elin Nordegren. Woods didn't even mention his wife, who is currently in Sweden with their children.

METRO WORLD NEWS

Closet was made of gold

MUST HAVE BEEN A VERY HEAVY DOOR Coming out of the closet seems to be paying off for Ricky Martin, who has reportedly been offered a $20 million publishing deal for his forthcoming memoirs dealing with his recently announced homosexuality, according to Puerto Rican newspaper El Nuevo Dia.

The publishing house involved in the deal wasn't named, but the deal is also said to include the film rights to his story.

METRO WORLD NEWS

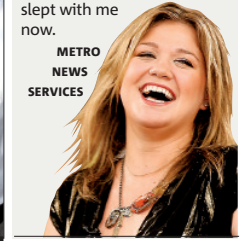
Follow these celebrities on Twitter...

CelebTweets

Today, **KELLY CLARKSON** is getting royal treatment in Malaysia, **PARIS HILTON** has a new hobby, **JIM CARREY** insists he isn't high, and **CONAN O'BRIEN** is infiltrating Twitter.

@kelly_clarkson Police escorting us from airport-hotel, brings 2 questions to mind. Who do they think is n the car? How upset will they be when I get out?!
@ParisHilton Who likes scrap booking?
@JimCarrey Because I'm free thinking, some wonder if I'm stoned, but drugs though fun at times, have always brought my creativity 2 a grinding HALT!
@ConanOBrien I'm sending a tweet from inside Twitter HQ. I'll bet those hot girls in high school wish they had slept with me now.

METRO NEWS SERVICES



The Weather Network ©The Weather Network 2010

Today Partly cloudy 16° / 1°

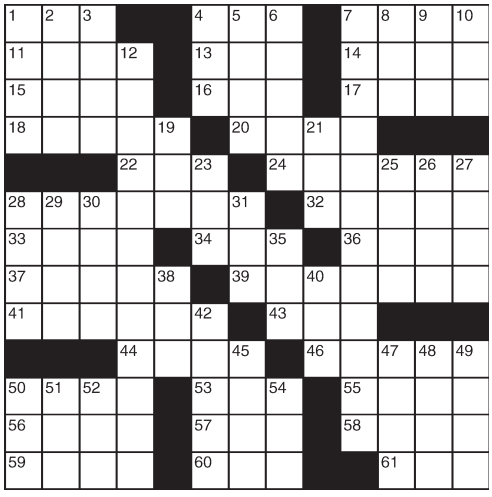
Tuesday Rain or snow showers 60% 6° / 3°

Wednesday Rain or snow showers 60% 9° / 6°

The Weather Network You have voted us #1 for best forecasts on TV. Thank you Canada!

Take Five

For more delicious Metro recipes, visit: **metronews.ca/food**



ACROSS

1 Prohibit
4 Harvest goddess
7 Heady potation
11 Moby Dick's pursuer
13 Joan of —
14 Taj Mahal city
15 Letter after alpha
16 Mauna —
17 Standard
18 In the midst of
20 Cattle drive item
22 Beaver's construct
24 Least fettered
28 Wrapped
32 Sacha Baron Cohen portrayal
33 State with certainty
34 Moo goo gai pan pan
36 Press
37 Parson's home
39 Gracefully tall and slender
41 " — and arrows of outrageous fortune"
43 Zero
44 Enthusiastic
46 Duck sauce ingredient
50 Wagon
53 Meadow
55 Regulation
56 United nations
57 Dog's doc
58 By word of mouth
59 Adam and Eve's third son
60 — out a living
61 Do sums

DOWN

1 Ali —
2 Throat-clearing sound
3 Org. HQ'd in Brussels
4 Erstwhile acorn
5 Get ready, for short
6 Muffler
7 Matador's aide
8 Freudian concept
9 Misstep
10 Aries
12 Lewis Carroll's "frumious" beast
19 Needle-fish
21 Sphere
23 Kitten's comment
25 Continental coin
26 Winter forecast
27 Danza or Curtis
28 Rotating parts
29 Elliptical
30 "—, vidi, vici"
31 Wall Street statistic, with "The"
35 Relatives
38 Early bird?
40 Back talk
42 Figure out
45 Nerdy sort
47 Emanation
48 Dressed (in)
49 Maintained
50 Couric's network
51 Cousin of 7-Across
52 Deteriorate
54 Chewed and swallowed

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		1				2		
			6		3			
3	7						4	6
		2	3		4	9		
9	5						7	2
		3	9		2	1		
2	8						9	1
			1		5			
		6				8		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

■	B	R	I	D	E	■	G	R
P	L	A	C	E	R	■	R	A
L	A	W	Y	E	R	■	A	G
A	R	E	■	M	O	R	N	S
Z	E	S	T	■	R	U	N	■
A	S	T	I	R	■	T	I	M
■	■	■	N	I	P	■	E	A
H	A	N	G	D	O	G	■	N
E	R	I	E	■	P	E	P	■
L	A	C	■	B	E	E	R	S
P	R	E	P	A	Y	■	O	L
S	A	T	I	R	E	■	M	O
■	T	Y	P	E	D	■	O	B

O	O	M	■	■	■	■	■	■
A	D	I	A	L	■	■	■	■
G	E	N	D	A	■	■	■	■
■	K	A	Y	■	■	■	■	■
M	E	M	E	■	■	■	■	■
I	D	E	R	■	■	■	■	■
R	■	■	■	■	■	■	■	■
E	R	V	Y	■	■	■	■	■
D	O	S	E	■	■	■	■	■
T	I	S	■	■	■	■	■	■
D	A	G	E	■	■	■	■	■
O	U	R	N	S	■	■	■	■
E	Y	S	■	■	■	■	■	■

9	3	2	1	4	8	6	7	5
5	1	4	7	2	6	3	8	9
6	7	8	9	5	3	4	1	2
3	6	9	2	7	5	1	4	8
8	5	7	4	3	1	2	9	6
4	2	1	6	8	9	7	5	3
2	9	6	8	1	7	5	3	4
1	4	5	3	9	2	8	6	7
7	8	3	5	6	4	9	2	1

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Broiled Shad with Mushrooms

INGREDIENTS:

700 g fresh (or frozen and thawed) shad, sole, or flounder fillets
1 tbsp butter or margarine, melted
1 tbsp lemon juice
1 tbsp finely chopped yellow onion
1 tbsp drained prepared horseradish
1 tbsp Dijon mustard
1/4 tsp salt
1/8 tsp black pepper
1 tbsp butter or margarine
2 cups sliced fresh mushrooms

METHOD:

1. Preheat broiler. Rinse fish and pat dry. In small bowl, stir together 1 tbsp melted butter, lemon juice, onion, horseradish, Dijon mustard, salt, and pepper.

2. Place fish on lightly-greased broiler pan rack. Tuck under thin edges of fillets. Brush with lemon mixture. Broil 5 inches from heat 3 to 6 minutes or until fish flakes when tested with fork, brushing once with lemon mixture.

3. Meanwhile, in medium-size skillet, melt 1 tbsp butter over moderate heat. Add mushrooms and cook 3 minutes or until tender. Serve mushrooms on top of fish.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
You may be inclined to fear the worst but you are also intelligent enough to know that it's pointless worrying about things you cannot control.

TAURUS
APRIL 21-MAY 21
It can be a mistake to try too hard to get along with people, not least because the more you try to please them the harder they are to please.

GEMINI
MAY 22-JUNE 21
Something you have been working towards for many months will begin to bear fruit this week, making you glad you stayed the distance.

CANCER
JUNE 22-JULY 22
You can handle anything that life throws at you. Yes, anything. It does not matter how tough the test you face today you will come through.

LEO
JULY 23-AUG 23
You may feel obliged to commit yourself in some way, either to a family member or to a friend, but you really don't have to.

VIRGO
AUG 24-SEPT 22
Keep a sense of perspective over the next 24 hours. You will see that a relationship won't collapse just because you have had a minor disagreement.

LIBRA
SEPT 23-OCT 23
Routine matters are easy to ignore but can be difficult to put right if you let things slide too far. Take advantage of today's work-related influences.

SCORPIO
OCT 24-NOV 22
The week ahead will be highly productive for those born under the sign of the scorpion, but you still need to pace yourself sensibly.

SAGITTARIUS
NOV 23-DEC 21
There may be something of a personal nature that you want to be getting on with but if others demand your attention you will have to put them first.

CAPRICORN
DEC 22-JAN 20
At some stage today you will be struck by a wonderful idea and you must make a detailed note of it right away.

AQUARIUS
JAN 21-FEB 18
Will things get better in your life? Of course they will, starting from this very day, this very minute and this very moment.

PISCES
FEB 19-MARCH 20
Focus your energy in a single direction and don't let anyone distract you from what you know you should be doing.

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Conditions apply. Ex: *Montreal. ◊Family special price is per person for quad occupancy (2 adults & 2 children ages 2 - 17). Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. ggv=gogo, ts=transat. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384 TICO

This day in history

1478: The Pazzi attack Lorenzo de' Medici and killed his brother Giuliano during High Mass in the Duomo of Florence.
1865: Union cavalry troopers corner and shoot dead John Wilkes Booth, assassin of President Lincoln, in Virginia.
1933: The Gestapo, the official secret police force of Nazi Germany, is established.
1965: A Rolling Stones concert in London, Ont., is shut down by police after 15 minutes due to rioting.
1986: A nuclear reactor accident occurs at the Chernobyl Nuclear Power Plant in the Soviet Union (now Ukraine), creating the world's worst nuclear disaster.

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ADVERTISING FEATURE

FINALLY **FREE** FROM **ARTHRITIS PAIN** WITHOUT DRUGS AND HARMFUL SIDE EFFECTS

Living with arthritis pain can affect every part of your life

It keeps you from enjoying the good things in life- time with grandkids, playing golf, even working in the yard. It would be nice to get out of bed – just one morning- without pain.

Every time you try and push through the pain… like standing or walking for a long period of time… you pay for it the next 2-3 days with even more pain.

DO ANY OF THESE SYMPTOMS SOUND FAMILIAR?

- **Arthritic problems**
- **Osteoarthritis**
- **Rheumatoid arthritis**
- **Bursitis/tendonitis**
- **Degerative joint disease**
- **Lumbar disc problems**
- **Aching pain in the arms or legs**

Pain Pills Are Not the Answer

Do you remember the Vioxx scandal?
It was a medication designed to relieve arthritis pain…but like all drugs, it had side effects. After years of use worldwide, the makers withdrew it from the market because of the overwhelming evidence it caused heart attacks and strokes. There's a time to use pain medications, BUT not before seeking a natural way to correct the CAUSE of the problem. Ask yourself…after taking all these pain medications…maybe for years…are you any better off?

Pain is not just "Old Age'"

Have you had one doctor after another telling you this is just the natural process of the body getting older – that you should expect to have arthritis? Sure, if you don't take care of your damaged joints now, as you get older they will be worse. This is why you shouldn't wait any longer to see if we can help you.

We are the Ottawa Wellness Doctors. Over the years we have seen hundreds of people, all over Ottawa, come in suffering with arthritis and leave the office pain free. We have made it our mission in practice to help those suffering with chronic pain like you.

Here is what some of the top medical researchers had to say about chiropractic care.

"Chiropractic adjustments, with or without exercise, improved symptoms more than medical care did after both 3 and 12 months." – British Medical Journal.

"Chiropractic treatment was more helpful than any of the following: traction, massage, biofeedback, acupuncture, injection of steroids into the spine and back corsets, and ultrasound."

– Stanley Bigos, MD, Professor of Orthopedic Surgery

Feel the Improvement – and Say "YES" to Life Again

With our "Arthritis Evaluation", we can find the problem and then correct it. Think of how you could feel in just a few short weeks. See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel the strength in your muscles increase. As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future. You're playing golf again – hitting longer drives, smoother putts, and lower scores…without pain.

Arthritis can be successfully treated. Healthy, pain-free living should be yours.

Just call one of our clinics today and you will get the "Arthritis Evaluation" for only $35.

This will include:

- An in-depth consultation about your arthritis where we will listen…really listen.
- A complete nerve, muscle, and spinal exam to find the "cause" of your problem.
- A full set of spinal images to look for joint degeneration (arthritis) NOTE – These would normally cost you at least $150.
- A thorough analysis of your exam and spinal images so we can show you how to fix the problem.

"I ONLY WISHED I HAD FOUND YOU SOONER"

We hear this too often, and it is time to do something about it and call today. We will answer all your questions about chiropractic care and arthritis pain.

SOUTH
Barrhaven Chiropractic & Wellness Centre
900 Greenbank Rd. Nepean
613-823-7900

EAST
Beuchamp Chiropractic: A Creating Wellness Centre
1224 Place d'Orleans, Orleans
613-837-2883

WEST
Synergy Chiropractic & Wellness Centre
329 March Road, Kanata
613-591-9151

CENTRAL
Hampton Wellness Centre
1419 Carling Ave. Ottawa
613-761-1600

GIVE ONE OF OUR CLINICS A CALL TODAY AND TELL THE RECEPTIONIST YOU'D LIKE TO COME IN FOR THE SPECIAL ARTHRITIS EVALUATION.

For only $35 we can get started with your consultation, exam and spinal images as soon as there's an opening in the schedule.

We look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

Sincerely,
The Ottawa Wellness Doctors
www.ottawawellnessnetwork.com

ottawa wellness doctors
own your health

ottawa wellness doctors
own your health

Dr. Nathalie Beauchamp
east

Dr. Kahlid Mankal
south

Dr. Mike Reid
central

Dr. Lise Cloutier
central

Dr. Craig Hazel
west

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09 Dodge Avenger
- Load, A/C, Auto
- st: 29146
- km: 49128

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$103*** Bi-weekly

08 Prius Hybrid
- Load, A/C, Auto
- st: 28330
- km: 81618

$17,850
$148*** Bi-weekly

06 Lincoln Zephyr
- Load, A/C, Lthr
- st: 29014
- km: 56801

$17,850
$184* Bi-weekly

07 Ford Escape XLT
- 4WD, Load, A/C, Auto, Roof
- st: 29276
- km: 72907

$15,970
$142** Bi-weekly

06 Honda CR-V
- 4WD, Load, A/C
- st: 28602
- km: 100596

$15,450
$159* Bi-weekly

08 KIA Sorento
- Load, A/C, Auto
- st: 28495
- km: 19332

$18,850
$156*** Bi-weekly

07 Honda Civic
- Load, A/C, Std
- st: 28865
- km: 77988

$13,850
$123*** Bi-weekly

06 Acura CSX
- Load, A/C, Roof, Lthr
- st: 29259
- km: 83066

$14,780
$152* Bi-weekly

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08 Audi A4 Quattro
- Convert, AWD Load, Lthr
- st: 29361
- km: 44202

$38,450
$302*** Bi-weekly

06 Mazda Tribute
- 4WD, Load, A/C, Auto
- st: 29410
- km: 99395

$10,980
$122* Bi-weekly

08 KIA Rondo EX
- Load, A/C, Auto
- st: 28739
- km: 55201

$13,950
$110*** Bi-weekly

06 Jaguar X-Type 3.0
- AWD, Load, Roof, Lthr
- st: 28469
- km: 63233

$23,870
$246* Bi-weekly

05 Toyota Echo
- A/C, Std
- st: 29519
- km: 72273

$7,450
$83* Bi-weekly

05 Pontiac Montana
- Load, A/C
- st: 90564-B
- km: 76478

$9,450
$105* Bi-weekly

05 Saturn VUE V6
- Load, A/C, Auto
- st: 28165
- km: 61692

$12,650
$130* Bi-weekly

06 Accord SE
- Load, A/C, Roof, Std
- st: 29324
- km: 89471

$12,890
$133* Bi-weekly

07 Mazda3
- A/C, Std
- st: 29278
- km: 73424

$10,670
$104** Bi-weekly

09 Grand Caravan
- Stow N Go, Load, A/C
- st: 29298
- km: 54737

$16,750
$131*** Bi-weekly

08 KIA Spectra
- Load, A/C, Auto
- st: 29343
- km: 61325

$8,950
$78*** Bi-weekly

05 Malibu MAXX LT
- Load, A/C, Roof, Auto
- st: 90564-B
- km: 76478

$8,950
$100* Bi-weekly

06 Honda Pilot EX
- 4WD, Load, A/C
- st: 28586
- km: 78558

$24,850
$256* Bi-weekly

09 Corolla CE
- A/C, Auto
- st: 29425
- km: 61742

$11,950
$104*** Bi-weekly

07 Ford F-150 Triton
- Load, A/C, Auto
- st: 29320
- km: 73318

$15,950
$141** Bi-weekly

10 Ford Mustang
- Load, A/C, Auto
- st: 29207
- km: 29348

$22,470
$176*** Bi-weekly

05 Sentra 1.8SE
- Load, A/C, Std
- st: 28269
- km: 87787

$6,450
$72* Bi-weekly

05 Crown Victoria LX
- Load, A/C, Lthr
- st: 29375-A
- km: 78610

$9,950
$111* Bi-weekly

08 Mazda CX-9 Sport
- AWD, Load, A/C
- st: 29187
- km: 33985

$27,850
$219*** Bi-weekly

05 Pathfinder
- 4WD, Load, A/C, Auto
- st: 28161
- km: 99339

$18,670
$213* Bi-weekly

09 Nissan Versa
- Load, A/C, Auto
- st: 29249
- km: 55744

$11,850
$103*** Bi-weekly

09 Toyota Camry LE
- Load, A/C, Roof
- st: 29295
- km: 31523

$19,860
$156*** Bi-weekly

08 Suzuki Swift
- Auto, A/C
- st: 29221
- km: 55490

$8,950
$78*** Bi-weekly

08 Cobalt LS
- A/C, Auto
- st: 27416-A
- km: 67002

$8,950
$76*** Bi-weekly

08 Santa Fe GLS
- 4WD, Load, A/C, Auto
- st: 28374
- km: 61951

$20,950
$164*** Bi-weekly

09 Lancer
- Load, A/C, Auto
- st: 26595-A
- km: 43307

$14,950
$117*** Bi-weekly

08 Honda Fit
- Load, A/C, Auto
- st: 29339
- km: 55238

$12,960
$102*** Bi-weekly

09 Pontiac G8
- Load, A/C, Auto, Roof
- st: 29271
- km: 37198

$22,850
$194*** Bi-weekly

08 Hyundai Accent
- Auto, A/C
- st: 29194
- km: 69385

$8,450
$74*** Bi-weekly

06 Toyota Matrix
- A/C, Std
- st: 29453
- km: 91718

$9,650
$107* Bi-weekly

09 Sebring
- Load, A/C
- st: 29244
- km: 56874

$11,950
$104*** Bi-weekly

09 Altima 2.5S
- Load, A/C, Auto
- st: 28318
- km: 32852

$18,850
$156*** Bi-weekly

07 Mazda5
- Load, A/C, Std
- st: 29258
- km: 90347

$11,850
$115** Bi-weekly

06 BMW 325 XI AWD
- Load, Lthr, Auto, Roof
- st: 28306
- km: 68321

$29,950
$309* Bi-weekly

07 Toyota Yaris
- Std
- st: 29044
- km: 77412

$8,350
$81** Bi-weekly

05 Saturn Relay
- Load, A/C
- st: 29036
- km: 70122

$9,340
$104* Bi-weekly

08 Eclipse GS Coupe
- Load, A/C Auto
- st: 28642
- km: 41699

$17,980
$141*** Bi-weekly

08 Sonata
- Load, A/C, Auto
- st: 28354
- km: 64132

$12,850
$101*** Bi-weekly

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